Fish for Livelihoods
WorldFish Myanmar Nutrition Update
September 2020

USAID's WorldFish Myanmar, a partner of FedWell Foods, is pleased to present the Fish for Livelihoods project's latest nutrition update. This update highlights the progress made in improving dietary diversity and nutrition in rural communities.

The project focuses on promoting the consumption of fish, a nutritious and widely consumed food in Myanmar. Fish is a rich source of high-quality protein, essential oils, and omega-3 fatty acids, which are critical for brain development and overall health.

Over the past year, the project has trained 1,000 fish farmers in various fish farming techniques, leading to increased fish production and diversified diets. The project has also established 100 fish farms, contributing to local livelihoods and food security.

In addition, the project has distributed 2,000 tons of fish to communities in need, ensuring that nutritious fish is accessible to all. The project has also supported the development of a sustainable fish market system, which has helped to increase the value of fish products and provide a steady income stream for farmers.

The project continues to focus on empowering rural communities to become self-sufficient in fish farming, ensuring that sustainable and nutritious fish is available for generations to come. With the support of USAID and its partners, the project is making a significant impact on the livelihoods of rural communities in Myanmar.