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BRACED Myanmar Alliance

Step by Step Guidance for Community Resilience Assessment and Action



This leaflet has been prepared to support field teams that are facilitating the community resilience analysis and planning processes within BRACED



What is this leaflet?

This handbook provides step by step guidance for community members and Village Disaster management Committee members to undertake a community resilience assessment, develop resilience action plan, implement community resilience actions, and monitor implementation progress.

The assessment will support you to understand:

1. What climate and disaster shocks your community might face?
2. What in your community is vulnerable to shocks and stresses?
3. What existing capacities and strengths you can use to be prepared and respond to these events?



What is a resilient Community?

The **BRACED** programme has identified 5 key areas that will support your community to become more resilient to shocks and stresses:



(1) Preparedness and coping Mechanism

Risk informed planning will help your village/household know how to respond before during and after a shock or longer term stress occurs

(2) Communication access and use of information

If your village/household has access to reliable information about when an event will occur and how strong it will be you will be better able to plan and prepare

(3) Resilience of system and livelihood

In the face of a significant shock or stress your community needs:

- ▶ Strong/ resilient livelihoods
- ▶ Sustained access to water, food, energy and health services

(4) Decision-Making and Planning

The different groups in your community (elderly, women, disabled persons) will be effected differently so need to be involved in planning and decision making to ensure the plan and mitigation actions will benefit them

(5) Establishment of Safety Nets

Access to finances and social safety nets will help you to be able to withstand during shocks and stresses



How can your community prepare a resilience plan?

To prepare a community resilience action plan a community should undertake the following steps:

Step 1 Community sensitization and mobilization

Organize community meeting
Identify community group/CBOs to work with
Identify and allocate key responsibilities

Select facilitator for the community group/CBO

Involve village development representative, community leaders, women, children and disadvantaged group members

Step 2: Collect information about your community

Climate Change, weather forecasts

key livelihoods

access to services (water/food/energy/health)

who are the most vulnerable groups

community infrastructure

Step 3: Analyze the information and data

When assessing the information think about:

What are the biggest potential shocks and stresses?

What and Who is vulnerable and why?

what strengths does the community already have?

Step 4: Identify activities that will strengthen the resilience of the community

Discuss in group about what activities will help the community mitigate impacts of disasters and adapt to changing climate. Provide space for voice for women, children and disadvantaged groups. List the key identified activities.

Step 5 : Prioritise activities

Discuss in group about which activities will benefit the most vulnerable and have the widest benefit to the community. Which are most important for the community and what resources are available to implement them? Rank the activities based on their importance and available resources.



Step 6 : Developing a community action plan

who will be involved and take which role and responsible to implement the plan. where you can access additional technical support or financial resources. If activities can not be implemented now, can you add them in the future



Step 7 : Implementation of resilience action plan

See below note for effective implementation of the action plan



Step 8 : Monitoring and review of the Plan

Implementation progress needs to be regularly monitored, and identified challenges to be discussed and addressed immediately in consensus. The plan should be regularly updated as conditions change in your community.

Detailed guidance for undertaking community resilience assessments can be found in the full **BRACED** Resilience assessment and action handbook

How can you implement the community resilience plan?

Action Plan

Once you have prioritized activities a community activity and implementation plan should be developed. This should highlight all activities the community wants to implement.

Activity	Steps of implementation	Timeframe	Needed Materials/ resources		Responsible person/ committee
			Local	External	
E.g: construction of additional water ponds to provide sufficient water during dry season	Organise materials	2 weeks starting before monsoon to allow water collection	Labor from community to dig pond	Funding from BRACED 250,000Kyats	Dedicated task force
	Begin construction		Community contribution for materials	JCB digger Pond lining	
Training to farmers on resilient agriculture tools, practices and techniques	identify external technical expertise	1 month Jan 2016	Volunteer for demonstration plot	Local agricultural department and resource person from NGO	Dedicated task force
	Undertake training for farmers				
	Establish demonstration plot				

Roles and Responsibilities

Management

Ideally managed by an established community based organization such as the Village Disaster management committee

Implementation

Each activity should be overseen by a task force to ensure completion and quality is met

Funding and Resources

Potential funding can come from a variety of sources including the **BRACED** Alliance implementing partner, community contributions (both in kind and financial).

Additional funds can be sought from other development programmes or by contacting government development departments including department of agriculture etc.

For activities that will be funded under the BRACED programme the responsible CBO or committee in your village should draw up a proposal including the following information

- Required resources
- Timeline
- Who will benefit?
- Who will manage the implementation and ongoing maintenance and oversight?
- Provide an implementation plan

Monitoring and review

The situation and conditions will change over time decide how regularly you will review the plan. Consider:

- Is there new/updated information available?
- Are new resources available
- Have the responsible persons changed

Key resources and contacts

- BRACED Resilience Assessment and Action Cycle Handbook
- Township Disaster Management Plan (TDMP)
- Department of Meteorology and Hydrology
- General Administration Department
- World Vision, Plan international, Actionaid Myanmar etc.....