CONTACT AND DROPLET PRECAUTIONS – COVID-19
PERSONAL PROTECTIVE EQUIPMENT (PPE)

1 Perform hand hygiene
   - Alcohol based handrub
     Rub hands for 20–30 seconds.
   - Water and soap
     Wash hands for 40–60 seconds.

2 Put on the gown

3 Put on the mask
   - Medical mask
   - Respirator mask (N95, FFP2, FFP3, or equivalent).
     Only use if performing aerosol generating procedures.

4 Put on eye protection
   - Put on face shield or goggles.

5 Put on gloves
   Ensure gloves are placed over the cuff of the gown.