**CONTACT PRECAUTIONS**

**PERSONAL PROTECTIVE EQUIPMENT (PPE)**

1. **Perform hand hygiene**
   - **Alcohol based handrub**
     Rub hands for 20–30 seconds.
   - **Water and soap**
     Wash hands for 40–60 seconds.

2. **Put on the gown**

3. **Put on gloves**
   - Ensure gloves are placed over the cuff of the gown