

1 COVID 19 thung-a nade na tea rui hethang phung

Nade quta tahang katu py pa

Kalu-a ly haw y mei. Kjawng na pi vi dy mei. Tangkae phawisae tahang balungbi phi dy mei.
Hini katu-a khimi quta la tukae aeting bawi te by vi.

Kjawng na pi te la na-awi, pa-ai hai caw nade na kahawi-a aeting hethang Khai pa saite katu kahawiky vi.
Ingthung khaw ung capaw canung lawng lawngta hai aeting kha katu aela haw te la anghawtho hethang hawi barai te vi.
Na-awi, pa-ai ung balung aevaw saite hai baheng saite tea nung hai haw te vi.

Nade quta hai aeting haw hethang katu khai pa



Nade hai aeting te la ma-ai ma ngai te katyng kani quta khai pa hethang kae. Tudyla nade la kani quta na-awi, y dyla pa-ai hai aeting hethang awng rawng nate sadi dang hai jaw te vi.



“Nang ce aete sa hethang ngai mei” nakha dung pa.



Nade na ama ce ngai saite tea re hethang py te la ama ce tea ae-y hai pa te vi. Tukae ea la ani ce rainy hethang ngai saite la lawng lawngta akhang hai hethang y vi dyla, akhang ku kha rainy hai hethang thui pa he dang. (Phai hethang py saite caereng tea kheng ba)



Nang aby kana hai awng ea maka rui ai mei.

- > Nade na sa saite katyng aetu kha sa pa.
- > Kacawi, abung kangko na hai atung sa kha ae-awi thui hai pa.
- > Vying capi na haeta qawng-a haeta thyng kha rainy hai pa.
- > Cakae cae-u phai pa te, cakae thui pa te hai apung na masung kha alo aepe pa.



Hini kanaw kasaw mi awng saite katu-a TV, Phone na tea tanaeta khai so re si.

Saning 10 ta ceng y saite nade na hai katu aela hethang phung

- > Katung aela kha ani ce ngai ky saite phung aethui hai pa.
- > Ani ce ngai ky saite raca na tea mamang ta thawng hai pa.
- > Ngai ky saite ae-awi phawng kha mamang ta rainy hai pa.

Nang ung caw na hai mangta awng ea sa hethang na,

- > Cae-u phai pa. Apung kheng hai pa.
- > Arawng masung kha apung sawi hai pa.
- > Ae-awi tung hai lang kha ae-awi thui hai pa.
- > Ingthungkhaw-a kani quta sa hethang kalu na tea mamangta sa hai pa.
- > Kjawng ung cae na sa te tea sabawng pa.

Ani ce alo thui ea kahawi-a tangai pa, kahawi-a kheng pa vi dy la anghawtho he thang hawi phi-ai mang.

Nade tea kahawi-a rui hethang hini mityng mang aetu he dang.

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In worldwide languages

Nung khu saite la hi-a vi.



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2 COVID 19 thung-a nade na tea rui hethang phung Hawi saite mi hai kheng pa

Nade na alo tangai y te katu-a kahawi nung haw hethang la rae phi vi. Tukatephung-a "Kadaw hai sa vi hang ae" nakha thui so te y kala ma ani ce sa saite tea kahawi-a sabawng te hai aethaw py khaw he kae.

Nang ma nung hethang ngai saite katyng thui pa

- Nade tea mataw te katu-a, ani ce tangai he hawi saite alo na hai thui he kae. ("Nang ma Ma-ai ma ung ka-o na tea kahawi-a khai ba a.") 'Makate pawprae hai aetutu te vi mei' nakha thui te qawng-a,

Kahawi-a thui kaw hethang aely ngai vi.

- Nade tea hang kha thui te, mataw te la balung masae xa te hai kadawtho hai te phung-a, ani ce tangai hethang kahawi-a alo kaneng hai thui pa.

Nade la hawi saite hae haeta sa saite katu quta-a balaw pa jawjaw he kae.

Nang ung nade tea balaw te losai thui saite katu-a, dawngcang y te katyng awng ea la hawi saite kalu na sa hethang ngai rae te tea nung rae ai mang. Hikä ingthung khaw na ung balaw saite tea ngai te matu ai mang.

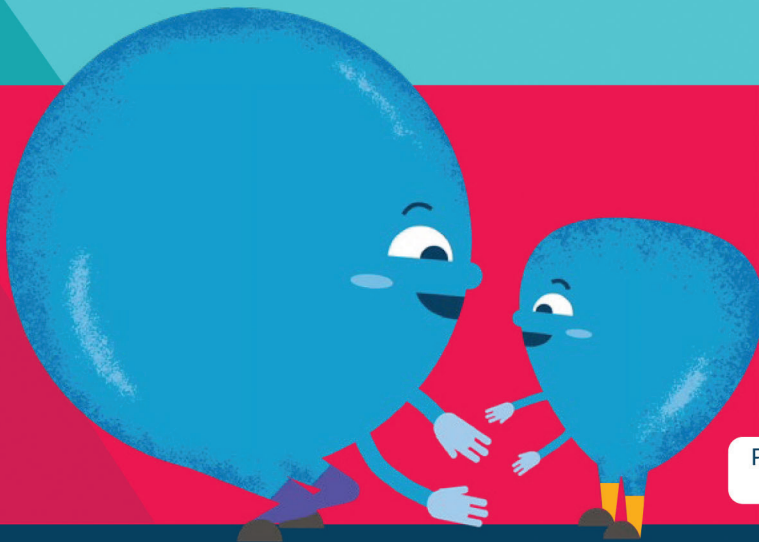


Nade na sa haw saite lawng hai sy

- Nade tea mataw saite katu-a ani ung sa haw saite mei, kahawi-a sadi khai kha mataw hethang kae. Miniutes 15 rytä la dang haw ngaila, nade quta tea ingthungkhaw-a awng hai pu te la raepi vi nate many hethang kae.

Äma ce ung rawijae nahai aede jaw jaw hethang sabawng pa.

Sarai anglaw vi na dyla äma ce ung rawijae na hai rawijae aesa haw hethang sabawng pa hethang kae. Internet na hai tawng vi na dyla kahawi y saite mang-a awng y rung khyta sabawng te hai rui hethang kae.



Nade tea kahawi-a rui hethang hini mityng mang aetu he dang.

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lä hi-a vi.



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3 COVID 19 thüng-a nade na tea rui hethang phüing Käni qütä äly äly sa hethang aerü rüing

COVID19 phüing-a käni qü sa väwawi saite na aeny aeca y king hai te vi.
Hini lä nade tähang hai nä-awí, pä-ai na tea la rae hai phi te vi. Tungaila käning qütä kangthae sa haw te vi.

Nang dawng te lä aetu nae hawiky saite awng qütä jahaw-a aemäqa haw hethang kae.

- Nang üng nade na hai rainy hethang aerü rüing saite tea kawng te kätü-a sa haw thang dawng pa. Hikä sa te phüing-a nade na la äma ce üng kaedawng tea nä-awí ce ma kheng pa by te phüing-a kawng hai rae te by vi. Tukäte phüing-a bälung kähawí hai sa hethang ngai hai rae te vi.
- Nade na hai rainy hethang, sa hethang aerü rüing te tea sa haw hethang kätü na khai rüing he kae. Hini kä sa te lä nade na tähang nä-awí ni pä-ai la äma ce hai mangtä awng te kätyng bälung dawng hai vi. Tukätephüing-a hawi saite na tea sa he ngai rung khytä aethaw py pa.
- Käni qütä aetae linglawng saite na tea qa hai jaw hethang kae. Aetae kha rainy hai saite lä nade na tea nawsaw hawí hai te ceng y bälung mawng te na la hai te vi.



Nang lä nade na üng kähawí sai aetu hai saite lawngtä vi.

- Äqawng mang üng caelang-a thui saite kätyng mä-ai ma tea caiping rung khytä awng y vi, khimi käläng na hai aekheng kha awng y vi. Tupyng-a naw saite khimi na tea rui pa y vi nä dylä nade lä nang te üng kähawí aetu haw y leng.

Nade na tea khimi ce hai aela rung rang y hethang mätu pa he kae.

- Nang awng saite märü-a ärang tho hethang dang vi dylä nade na tea ing rang mang-a tho kha rainy hai pa.
- Hini COVID19 phüing na tea cae tärü te hai la, äpung hai la, cae rang-a sa kha ing-a bi kha khimi ce nung hethang khai pa.
- Mä-ai ma ing thung na tea söpra y hethang äte na sa rüing kha khai mei näte nade na tea thui pa te ceng y äni ce üng thui te na tea lä aedawng pa he kae by vi.

Äkö aese te na, cai ping rung khytä awng hethang na tea anghawtho te hai ngai hethang mätu pa.

- Ae-awí thui te hai käläng hai mätu kha kähawí-a äkö aese kaw hethang. Nade na äkö kähawí-a aese jaw jaw te tea bälaw pa.
- Mä-ai ma üng mimai-a aela y ky saite khimi tea lasawng py hethang sa kha (lawng lawng tä kheng pa)

Käni niritä aete na sa mei näte aedawng hai tyng hethang kae. Nade na sa te thung üng hawi te na tea bälaw hethang tämang hang.

Käni niritä üng mä-ai ma kähawí sa saite tea aedawng tyng kha hawi te na aedawng ea anghawtho te hai bälaw pa hethang kae. Nang lä kähawí sa te khimi lawngtä vi.



Nade tea kähawí-a rui hethang hini mityng mang aetu he dang.

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