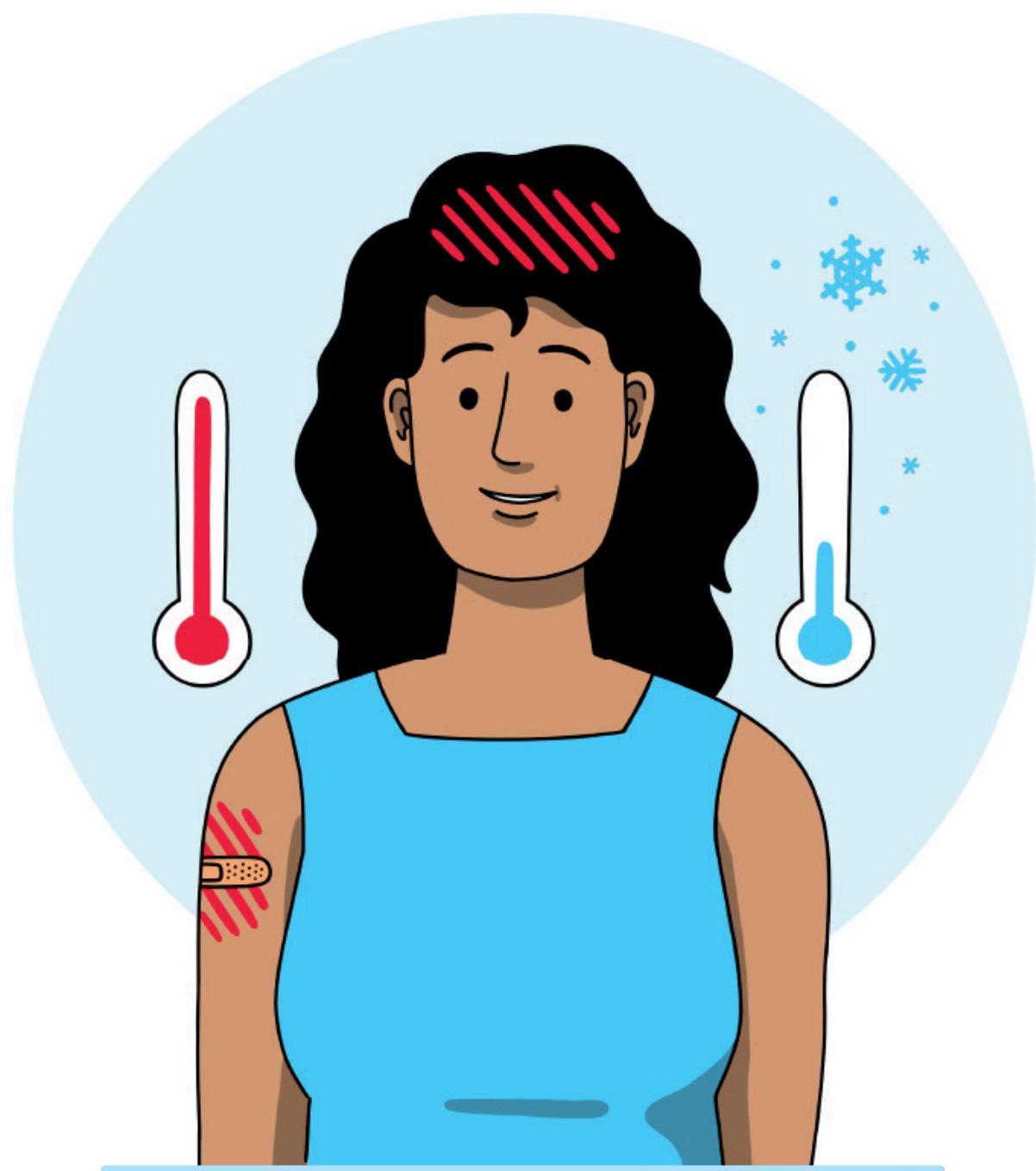


LOKHAI DIA TAOWAI MARIA PRA BIA HUA KHAN

- 1 Matha bikai aro dok hoi.
- 2 Bimar hoi aro gao korom hoi.
- 3 Hili hili thanda hoi.
- 4 Taowai maria jakat te bikhai nahoile phuli.



Bishi jon oporté dikaidia sign kha pai.

Taowai loa biche gonda 24 dak bikai thakile ,nahoile alop din bimar phal nahoile taowai jania doctor khan ke jainai dibi.



Kunuba to dokante pa taowai pra phal hoilebi agete doctor khan ke boila kotha kuribi.

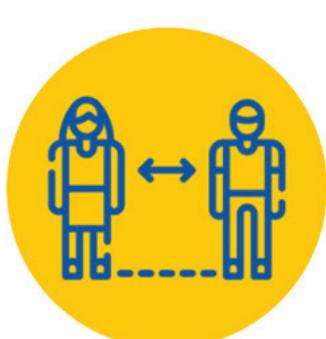
Beg bikai aro komor bikai khan nijete dikai taowai kha taimte kunuba nyom manibo lage.

- Ibuprofen
- Aspirin
- Antihistamines

Sop manu mania pra iki logot lokhai lobi.



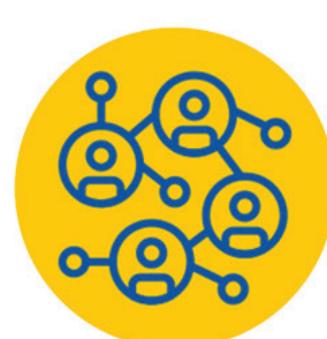
Sapon aro
kham pra hat
thulabi.



Khaq jon
pra khaq
jon osorte
naboihi bi.



Mok aro nak
bon kuria
marsk lakai bi.



Abini lok kuria
manu got te jai
aro got pra ahi
khithai bi.



Alak boihi
bi.



Hawa phal
pabo lage.



Lokhai dia
taowai mari
lobi.



World Health
Organization
Myanmar

