Zika virus

Zika is a mosquito-borne disease caused by the Zika virus, transmitted by the Aedes mosquito. Symptoms include fever, rash, joint pain, and Conjunctivitis.

Precautions:
- Avoid mosquito bites by using repellents and wearing protective clothing.
- Cover your skin and apply insect repellent to exposed areas.
- Use mosquito nets and keep windows and doors closed.
- Remove any standing water to eliminate breeding sites.

Zika prevention:
- Use mosquito repellent
- Wear long sleeves and pants
- Use mosquito nets
- Remove stagnant water to eliminate breeding sites