

Aw~ meh ma~ k'o^ leh ca~ da~ ve kan~ hta~ te  
**g'a-aw la~**

Naw~ ve aw~ meh ma~ k'o^ leh aw~ tan te  
sheh~ hpa~ geh te~ ca~, ca~ da~, kui~, aw~, ti lo  
ca~ da~, la~ hpeh~, ve yo~. Ya~, hk'a~, lo~ ve  
aw~, ceu~ (li, k'o^ te~ hpa~) hk'a bi~ hk'a law~,  
g'a yu~, la~, tu~, yo~.

Tan~ ma~ peu~ k'o~, a~, hto~, ma k'aw~, hpeh~,  
**tu~ le**

Tan~, ma~ la~ ve aw~, ceu~, hta~, aw~, hpfuh~,  
teh leh hk'a deh~, ha~, yu~, pi~ ve, yaw~, yaw  
ve taw~, hta~, htaw~, hk'a deh~, na yu~, pi~ ve  
hta~, te ve yo~.

Tan~, ma~ ve kan~ hta~, ca~ da~, leh lo~ ve  
aw~, ceu~, (li, k'o^) te~ hpa~, hta~, ma~ ca~ da~,  
deh~, ha~, sha~ ta~ pi~ ve leh lo~ ve (na~ tsuh~,  
te~ hpa~, chaw law va~ law, leh u~ pa~ de~)  
aw~, hk'a~ te~ hpa~, htaw~, ma~ la~, tu~, yo~.

Nyi~ te ba~ te ve hta~, g'a hkan~ ve chaw  
aw~, pon aw~, li~ aw~, hk'a~ hta~, ca~ da~, leh  
a ye~ yu~, ve kan~ hta~, vai~ chaweh te k'ai  
tu~, hpeh~, ve yo~.

Chaw chaw~ chaw nyi~ te ba~ te ve leh hk'a

leh~, chaw ya~ g'a keun~ g'a caw~ ve hpaw~  
te leh nyi~ ve te~ yan~, ven~ ba~ ui~ ja~ ve  
hta~, g'a shi~ ve chaw te~ g'a~ le le vai~

“chaweh tan~, ma~ she~.”

## Ca~ da~, kui~, aw~, ti te~ hpa~

Man hkaw~ te leh ca~ da~, kui~,

PSEA Ta-g'on~ hkan~

(Yan-gon~) – 09960212221

Email – hrd.braveheart@gmail.com

Chaw ceu~, hkaw~ te leh ca~ da~, kui~,

PSEA Ta-g'on~ hkan~  
(Cen~ tun~) – 09790344820

Aw~ mo~ aw~, tsuh~, hta~, ca~ da~, kui~,

Man PSEA ku~ yeh~ - 09405149616

Email – mmmpsea@unfpa.org

## Jeh~ ve



Chaw chaw~ chaw nyi~ te ba~ te ve leh hk'a  
mvuh~ hk'a na te pi~ ve

အေဒီးမြန်မားရေးနှင့်လုပ်ငန်းလုပ်ငန်း  
အောက်လုပ်ငန်းလုပ်ငန်းလုပ်ငန်း



Naw~, leh naw~, ve aw~, pa~ aw~, kui lo nyi~  
te ba~ te ve hta~, g'a hkan~ cheh~ ve chaw  
caw~, law k'o g'aw~ leh~, ta~ te cheh~. Taw~  
da~, she~, G'a hkan~ ca~ pa~ hui ya~, taw ve  
leh~, te~ hkui te~ yan~ ceh ti~ hpeh~, tu~, yo~.

“Ga la~ tu~, law~, she~,”

Braveheart Foundation leh\_ chaw ya` te` g'a` le le lai\_ ceu\_ ve nyi` te ba` te pi` ve hta\_ g'a pon\_ leh a sha\_ te\_ tu\_ a hkaw-an\_ g'a ve hta\_ yon\_ ta\_ tu\_ leh Chaw chaw\_ chaw nyi` te ba` te ve leh hk'a mvuh` hk'a na te pi` ve (SEA) aw\_ lawn chi hta\_ ca` da\_ leh aw\_ li` aw\_ hk'a` (Zero Tolerance Policy) teh leh yeh` la\_ cheh` ve yo\_. 2017

hk`aw\_ hta\_ hk'a` law\_ aw\_ hk'aw lo kan\_ aw\_ lawn cu` yi\_ pi` ve leh ten\_dan` ma\_ pa\_ sa\_la\_ ma hta\_ hu taw` ve leh hk'a` law\_ lo mvuh` mi\_ ya` te` g'a` g'a hpeh\_ ve pa taw shi\_ kui\_ shi\_ caw` ve aw\_ ceu\_ te` hpa\_ hta\_ htaw` g'a ma\_ pi` ta\_ ve yo\_. 2020 hk'aw\_ tan\_ leh chaw chaw` chaw nyi` te ba` te ve leh hk'a mvuh` hk'a na te pi` ve hta\_ taw\_ ta\_ ve (PSEA) kan\_ hta\_ te cheh` ve yo\_.

A shu yaw` ve a lo\_ bi` la tu\_ pon\_ hpushi ma` k'o` kan\_ ma`k'o` maw`je\_ ma`k'o` ,ga pi` te pi` ve ma`k'o` ,aw\_ ceu\_ chi te` hpa\_ hta\_ cu` leh be\_ yu\_ law\_ yu\_ tu\_ a hkaw-an\_ ma`caw\_.



အကုအညီပေးအနေများ  
အနေဖြင့် သတိမှု အကုအညီပြင်  
လဲလှမရှိ အောင်ဆိုင် ပါ။

Hk`a\_ hk'e ve chaw tan\_ ma\_ g'a hpeh\_ tu\_ le Hk`a\_ hk'e ve chaw tan\_ ma\_ g'a hpeh\_ tu\_ le A shu yaw` aw\_ to g'a hkan\_ ve chaw leh aw\_ teh\_ aw\_ na aw\_ lawn hta\_ shi\_ ve chaw hui leh\_ tan\_ ma\_ ve kan\_ hta\_ te hpeh\_ ve yo\_. A shu yaw` aw\_ to ma`k'o` ,aw\_ tan te sheh\_ hpa` ma`k'o` tan\_ ma\_ hpeh\_ ve yo\_.

Tan\_ ma\_ ve kan\_ te tu\_ lo\_ ve aw\_ ceu\_ te` hpa\_ Tan\_ ma\_ ve kan\_ hta\_ te hta\_ a ye` ui\_ ja` ve aw\_ lawn (4) lawn

Nyi` te ba` te ve hta\_ g'a hkan\_ ve chaw aw\_ lawn

(Yaw` aw\_ meh leh yaw` kan\_ aw\_ mo\_ aw\_ tsuh\_ ve aw\_ meh)

Nyi` te ba` te ve hta\_ g'a hkan\_ ve chaw aw\_ lawn

(Yaw` aw\_ meh leh yaw` a sha\_ )

Tan\_ hpeh\_ la ve aw\_ yan` leh aw\_ ti

(Aw\_ ti, aw\_ yan` leh aw\_ nyi)

G'a hpeh\_ la ve aw\_ lawn te` hpa\_

(Hk`a\_ hk'e te hpeh\_ la ve aw\_ lawn leh hpeh\_ ta\_ ve la\_za\_va\_ ngeh chaweh)



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Aw\_ bon hkan\_ ca` tu\_ a hkaw-an\_ caw\_ ve chaw, hk'a` ya` law\_ ya` leh i ja` ve chaw chi te` hpa\_ aw\_ hk'o` ,chaw chaw` chaw nyi` te ba` te ve leh hk'a mvuh` hk'a na te pi` ve hk'a\_ ve te` g'a` hta\_ htaw` ma`k'o`

Braveheart Foundation aw\_ mo\_ leh\_ naw\_ hui hta\_ ven` ba` hpeh` la` tu\_ ve ma`he` .

A shu yaw` ve a lo\_ bi` tu\_ pon\_ law\_ yu\_ be\_ yu\_ ve\_ hehn\_ chaweh\_ te pi` ve, g'a` leh, g'a` ca` pi` ve chi te` hpa\_ te tu\_ a hkaw-an\_ ma`caw\_ . Aw\_ bon hkan\_ ca` tu\_ a hkaw-an\_ caw\_ ve chaw\_ leh chaw ya` chaw chaw` ha k'a`-leh ga da\_ ve kan\_ te sheh\_ hpa`/ma aw\_ ka\_ lo ka\_ ,nyi` te ba` te ve aw\_ ceu\_ hk'a\_ ve te` ceu\_ htaw` ma`k'o` ma`g'a te tu\_ taw\_ ta\_ ve yo\_.