

## Novel corona virus (2019-nCoV)

Myanmar

updates as at 7 February 2020 WHO Myanmar newsletter special

Global situation of 2019-nCoV, with data as reported by 6 February 2020

World Health Organization

# Globally

#### 28,276 confirmed cases

#### China

28,060 of which 3,859 564 confirmed severe deaths

### **Outside of China**

216	in	24	1
confirmed		countries	death
cases			

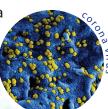
#### WHO risk assessment

China	<b>Regional level</b>	<b>Global level</b>
very high	high	high

**30 Jan 2020**, International Health Regulations' expert emergency committee reviews the evidence to date. Considering the committee's advice, WHO Director General declares the outbreak of novel coronavirus as a **public health emergency of international concern**.

#### What is the novel corona virus (nCoV)?

 nCoV is a new strain of corona virus (2019-nCoV) that has not been previously identified in humans.



- corona viruses are a large family of viruses that cause illness in animals and people.
- in people, corona viruses can cause illness ranging from common cold to severe diseases, such as Middle East Respiratory Syndrome (MERS-CoV) and Severe Acute Respiratory Syndrome (SARS-CoV).
- \* corona viruses are **zoonotic**, i.e. transmitted from animals to humans.

# WHO and partners' strategic objectives for this response are:

- limit human-to-human transmission, including among close contacts and health care workers, and preventing further international spread from China;
- identify, isolate and care for patients early, including providing optimized care for infected patients;
- identify and reduce transmission from the animal source;
- address crucial unknowns regarding severity of disease, extent of transmission, treatment options;
- accelerate the development of diagnostics and candidate vaccines;
- communicate critical risk and event information to all communities, counter misinformation;
- minimize social and economic impact through multisectoral partnerships.

#### What are the symptoms of 2019-nCoV?

- fever, cough, shortness of breath, breathing difficulties.
- \* severe cases result in pneumonia or acute respiratory syndrome or respiratory distress.



Can the virus be transmitted from person to person?

The virus can be transmitted from person to person, following close contact with an infected individual, for example, in a household or workplace.



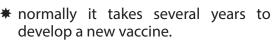


#### How do people become infected with this novel coronavirus?

- ✤ Intense investigations are underway, to determine the source of the outbreak (most probably an animal reservoir), the types of exposure and exact mode of transmission.
- ★ Contact with respiratory droplets from infected persons can transmit this virus.

#### Is there a vaccine for 2019-nCoV?

**\* novel coronavirus** is a new or newly identified disease. Hence there is **no** vaccine available.





#### Does a treatment for 2019-nCoV exist?

\* There is **no specific treatment** for disease caused by novel corona virus. Treatment should be based on patient's symptoms. Supportive care can be highly effective.

#### How to protect yourself and others

#### wash hands frequently with soap & water





avoid *unprotected* contact with wild animals, wash vour hands thoroughly after contact with an animal

cover coughs, sneezes with tissues or clothing, maintain distance, wash hands with soap & water





if you have fever, cough, shortness of breath, seek advice & share travel history with health professionals

avoid close contact with people suffering from acute respiratory infections



smoking harms lung health -if you smoke, quit

source: Ministry of Health & Sports, Myanmar, 2020 https://bit.ly/39hs4Hp

Health Advisory for travellers at **Myanmar international airports** 

- since 1 Feb 2020, visa on arrival for travellers from China is suspended.
- in case of symptoms of fever, cough, sneezing, shortness of breath on arrival, travellers are asked to report to the Airport Quarantine Desk.
- in case of symptoms of fever, cough, sneezing, shortness of breath 14 days after arriving at Myanmar, travellers are to seek early medical care and report at nearest health facilities, preferably government hospital, sharing their travel history.

- more information on novel coronavirus (2019-nCoV) https://bit.ly/3aDAOJ1
  more information on situation reports https://bit.ly/2GiQxiZ
  WHO Myanmar newsletter special on Novel corona virus (nCoV), 24 Jan 2020 https://bit.ly/2SopZ5z

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