

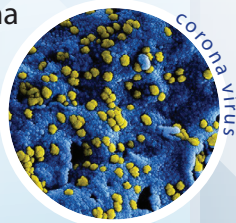


Update

- **7 Jan 2020**, Chinese authorities identified a new type of virus - novel corona virus (**nCoV**)- in Wuhan city, Hubei province, as the cause for a cluster of pneumonia cases. Most of these patients had visited the Huanan **wholesale sea food market** in the city.
- **13 Jan 2020**, Thai authorities reported the first imported case of laboratory-confirmed novel corona virus, a Chinese tourist from Wuhan city.
- **15 Jan 2020**, Japanese authorities reported an imported case of laboratory-confirmed novel corona virus from Wuhan city.
- **17 Jan 2020**, Thai authorities reported a second case of laboratory-confirmed corona virus, a pneumonia infection.
- **by 20 Jan 2020**, **282** confirmed cases were reported from **four** countries, *China*: 278 cases, *Thailand*: 2 cases, *Japan*: 1 case and *Republic of Korea*: 1 case. All had travel history to Wuhan.
- **by 23 Jan 2020**, **584** cases were reported, **557** from China, including all **17 deaths**. Although the disease has reached beyond China, the number of cases in other countries is so far small, and the disease does not seem to be spreading within those countries.
- **22-23 Jan 2020**, IHR (International Health Regulations) Emergency Committee is convened by WHO Director-General, a global expert group, recommending the event **does not yet constitute a Public Health Emergency of International Concern**.

What is the novel corona virus (nCoV)?

- * nCoV is a new strain of corona virus (**2019-nCoV**) that has not been previously identified in humans.
- * Corona viruses are a large family of viruses that cause illness in animals and people.
- * In people, corona viruses can cause illness ranging from common cold to severe diseases, such as Middle East Respiratory Syndrome (**MERS-CoV**) and Severe Acute Respiratory Syndrome (**SARS-CoV**).
- * Corona viruses are **zoonotic**, i.e. transmitted from animals and humans.



What are the symptoms of 2019-nCoV?

- * fever, cough, shortness of breath, breathing difficulties.
- * severe cases result in pneumonia or acute respiratory syndrome or respiratory distress.



How do people become infected with the novel coronavirus?

- * Intense investigations are underway, to determine the source of the outbreak (most likely an animal reservoir), the types of exposure and the mode of transmission.

Can the virus be transmitted from person to person?

- * There is at least some human to human transmission, although its extent is not yet clear. Infections among health care workers strengthen evidence of this. This is in line with experience with other respiratory illnesses and with previous coronavirus outbreaks.
- * Additional investigations are needed to determine exactly how people become infected.

Is there a vaccine for 2019-nCoV?

- * **Novel coronavirus** is a new or newly identified disease. Hence there is **no** vaccine available.
- * Normally it takes several years to develop a new vaccine, if warranted.



Does a treatment for 2019-nCoV exist?

- * There is **no specific treatment** for disease caused by novel corona virus. Treatment should be based on patient's symptoms. Supportive care can be highly effective.





Health Advisory for travellers at Myanmar international airports

- since 7 Jan 2020, all travellers from Wuhan city, China, are **screened** on arrival at Yangon, Mandalay or Naypyitaw international airports.
- in case of symptoms of fever, cough, sneezing, shortness of breath **on arrival**, travellers are asked to report to the Airport Quarantine Desk.
- in case of symptoms of fever, cough, sneezing, shortness of breath **14 days after arriving at Myanmar**, travellers are advised to seek early medical care and report at nearest health facilities, preferably government hospital.

Ministry of Health and Sports
Health Advisory for Travellers
Welcome to Myanmar




All the travellers coming from Wuhan (People's Republic of China), please kindly report to Airport Quarantine Desk if you have symptoms of fever, cough, sneezing, shortness of breath in arrival (or) within (14) days of being in Wuhan.

We would like to advise to seek early medical care and report at nearest health facilities, preferably government hospital if you have symptoms of fever, cough, sneezing, shortness of breath, (14) days after arriving to Myanmar.

Airport Health Quarantine,
Ministry of Health and Sports
7th January, 2020

ဝန်ကြီးဌာနများအတွက် ကျန်းမာရေးဆိုင်ရာသတိပေးချက်



တရားပြည်သူ့သယံဇာတနှင့် ဝန်ဆောင်မှု ဖြန့်ဖြူးရေး ဝန်ကြီးဌာနသည် ဝန်ကြီးဌာနများအနေဖြင့် မြန်မာနိုင်ငံသို့ ရောက်ရှိလာသည့် ကိုဗစ်-၁၉ ဖြစ်ပွားနေသော ဝန်ကြီးဌာနများ လက်ရှိ ဖြစ်ပွားနေသည့် ဝန်ကြီးဌာနများ (သို့မဟုတ်) လွန်ခဲ့သော (၁၄) ရက်အတွင်း ရောက်ရှိလာသည့် ဝန်ကြီးဌာနများ (သို့မဟုတ်) ဖြစ်ပွားနေသည့် ဝန်ကြီးဌာနများ (၁၄) ရက်အတွင်း အဆိုပါဝန်ကြီးဌာနများ ဖြစ်ပွားပါက လေဆိပ်ကျန်းမာရေးဌာနနှင့် နီးစပ်ရာကျန်းမာရေးဌာနများသို့ သတိပေး ကျန်းမာရေးအား အမေး ကုသပေးနိုင်ရေးအတွက် အမြန်ဆုံး သတိပေးဆောင်ရွက်ရန်

လေဆိပ်ကျန်းမာရေးဌာနမှ ကျန်းမာရေးနှင့်အကာကွယ်ရေးဌာန (၇-၁-၂၀၂၀)

source: Ministry of Health & Sports, Myanmar, 2020

How to protect yourself and others



● avoid unprotected contact with farm or wild animals

● avoid close contact with people suffering from acute respiratory infections



● wash hands frequently with soap & water - especially after direct contact with sick people or their environment

● cover coughs & sneezes with disposable tissues or clothing, maintain distance, wash hands with soap & water



● seek advice from health professionals if you have symptoms of fever, cough, sneezing, shortness of breath

- more information on novel coronavirus (2019-nCoV) at <https://bit.ly/3aDAOJ1>
- more information on situation reports at <https://bit.ly/2GiQxiZ>