

VIOLENCE IS NOT OK! NO ONE SHOULD MAKE YOU FEEL UNSAFE OR HURT YOU!

No one has the right to touch you in an inappropriate way, or demand that you do anything that makes you feel uncomfortable. If any person behaves this way towards you, speak to someone you trust and ask for help immediately. You have the right to be protected against this kind of behavior. If something happens to you or others you know, talk about it to a person and adult you trust.

If you feel unsafe in or around your home, if you are harmed or feel threatened, intimidated or harassed, remember it is not your fault. Do not remain silent, you have the right to get confidential support and help.

Community leaders and adults are here to keep you safe. They should not hurt you, touch you in a way that you don't like, or make you feel upset. If someone has hurt you or done something wrong, tell immediately an adult you trust!

Aid workers should never shout at you, touch you somewhere you don't like, or make you feel sad - if they are hurting you, you should tell an adult you trust. Remember, it is not your fault. Aid is free. Donations like food, books, games and clothes are free. No one should ask you for anything in exchange for these items. If something happens to you or others you know, talk to an adult you trust that can call this number: **09405149616**

REMEMBER!

Always tell an adult you trust where you are going, with whom and when you will be back!

Play near your parents and relatives and do not go in the streets or places that are far from! This can be dangerous for you.



